



## Concussion Policy

1. All adults working with a youth (a person under the age of 18) must take concussion awareness training. The training is located at <http://www.cdc.gov/concussion/HeadsUp/Training/index.html> for youth events and at <http://www.nfhslearn.com/electiveDetail.aspx?courseID=38000> for high school aged events.
2. A certificate of completion must be on file with CSAPR for all paid and volunteer adults working with youth before beginning to conduct any activity. The certificate will be valid as long as employed by CSAPR.
3. All participants under the age of 18 must have signed a concussion awareness form prior to any involvement in activities that include physical activity.
4. The concussion awareness forms must be on file for each program in which the participate registers, every year, and it will be held on file for at least 7 years.