



OFFERS
ZUMBA

COME AND HAVE FUN WHILE GETTING IN SHAPE
NO EXPERIENCE NECESSARY!!!

YOUR INSTRUCTOR IS KATE REHMUS

She is a certified ZUMBA instructor.

A different class format designed to be a fun way to get in shape. It feels like dancing, not exercise!

The class is designed with Latin dance moves and Latin music.

Come and give this new craze a try and have some fun while getting into great shape!

WHEN: **WEDNESDAYS** **6:30-7:30 PM**
May 27th-June 24th (5 weeks)

WHERE: **CEDAR SPRINGS MIDDLE SCHOOL**

COST: **\$ 35.00 FOR 5 WEEK SESSION or \$8 PER CLASS**

Participant's Name: _____ Birthdate: _____

Address: _____ City & Zip _____

Daytime Phone: _____ Night-time Phone: _____

Name of township/city of residence: _____ E-Mail Address: _____

How do you hear about CSAPR Programs? _____

I am aware of the possibility of injuries that exist with the participation in all recreational programs. I understand the Cedar Springs Area Parks & Recreation Dept., Cedar Springs Public Schools, and the instructors are NOT responsible for injuries that may occur during camps, clinics, and programs or for personal items brought to the programs.

Participants Signature : _____ Date: _____

Parents Signature (If Under 18): _____ Date: _____