



OFFERS
KICKBOXING

COME AND HAVE FUN WHILE GETTING IN SHAPE

NO EXPERIENCE NECESSARY!!!

YOUR INSTRUCTOR IS KAREN MATTHEWS

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WHEN: Mondays 6:00-7:00 PM

June 1st-June 22nd (4 weeks)

WHERE: CEDAR SPRINGS MIDDLE SCHOOL

**COST: \$ 25 for all 4 classes or \$8 per class
CHECKS CAN BE MADE OUT TO "CSAPR"**

Participant's Name: _____ Birthdate: _____

Address: _____ City & Zip _____

Daytime Phone: _____ Night-time Phone: _____

Name of township /city of residence: _____ E-Mail Address: _____

How do you hear about CSAPR Programs? _____

I am aware of the possibility of injuries that exist with the participation in all recreational programs. I understand the Cedar Springs Area Parks & Recreation Dept., Cedar Springs Public Schools, and the instructors are NOT responsible for injuries that may occur during camps, clinics, and programs or for personal items brought to the programs.

Participants signature : _____ Date: _____

Parents Signature (If Under 18): _____ Date: _____